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## Forecasting Bitcoin Price Volatility Using GARCH Models and Real-Time Data

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### Abstract

This study presents an in-depth empirical analysis of Bitcoin's daily price dynamics and volatility from 2014 to 2024, leveraging advanced time series modeling techniques. Initial descriptive statistics reveal extreme price volatility, with daily closing prices ranging from \$178 to over \$106,000 and exhibiting positive skewness and platykurtic behavior, indicating frequent extreme upward returns and a flatter-than-normal distribution. Stationarity tests confirm the non-stationary nature of raw prices, necessitating log transformation and differencing, after which log returns are shown to be stationary and suitable for further modeling. Volatility modeling using various GARCH and ARCH specifications identifies the GARCH(3,3) model as the best fit based on multiple statistical criteria (AIC, BIC, MSE), capturing the persistence and clustering of Bitcoin's volatility. The AR(2)-GARCH(1,1) model further elucidates significant negative autocorrelation in log returns and strong volatility persistence, with model diagnostics confirming its robustness and absence of remaining ARCH effects. Forecasts from this model indicate that while expected returns oscillate near zero, forecasted volatility steadily increases over the horizon, reflecting growing uncertainty in Bitcoin price movements. These findings provide valuable insights into Bitcoin's complex price behavior and volatility dynamics, informing traders, investors, and policymakers on risk management and forecasting in highly volatile cryptocurrency markets.

**Keywords:** Bitcoin volatility, GARCH models, Cryptocurrency forecasting, Real-time data integration, Financial risk management, Python data analysis, Market volatility modeling, Econometric modeling, Digital asset analytics

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## 1. Introduction

In recent years, cryptocurrencies have emerged as one of the most revolutionary innovations in the global

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financial landscape. Among them, Bitcoin has garnered unprecedented attention, becoming both a symbol of financial innovation and a subject of intense academic and market scrutiny. The cryptocurrency's decentralized nature, limited supply, and independence from traditional financial institutions have contributed to its rapid adoption by investors, speculators, and even institutional players. However, Bitcoin's hallmark feature – its extraordinary price volatility – poses significant challenges for market participants, policymakers, and researchers alike.

The highly volatile behavior of Bitcoin prices has made it a double-edged sword: on one hand, it offers opportunities for substantial gains, attracting traders and speculators; on the other hand, it introduces profound risks and uncertainty, complicating its use as a stable store of value or medium of exchange. This volatility arises from a complex interplay of factors, including technological developments, market sentiment, regulatory news, macroeconomic events, and the unique dynamics of cryptocurrency markets. Understanding these fluctuations is crucial not only for investors seeking to optimize their portfolios but also for regulators aiming to safeguard market integrity and financial stability.

Given these considerations, modeling Bitcoin price volatility and forecasting its movements has become a central task in financial econometrics and risk management. Accurate models help investors make informed decisions, assist exchanges in managing risks, and support policymakers in crafting effective regulations. Among the various statistical and econometric tools available, time series models, especially the Autoregressive Integrated Moving Average (ARIMA) model and its variants, have been widely employed to capture and predict the complex temporal dynamics of financial data.

### 1.1. Explanation of the Model

The ARIMA model is a robust and versatile statistical tool designed to analyze and forecast time series data by capturing different aspects of its temporal structure. The name itself – Autoregressive Integrated Moving Average – reflects the three key components of the model:

- **Autoregressive (AR) Part:** This component models the relationship between an observation and a certain number of its own previous values (lags). It captures the persistence or memory in the data, assuming that past values influence current values.
- **Integrated (I) Part:** This part involves differencing the time series data to make it stationary, which is essential for many time series techniques. Stationarity means the statistical properties of the series, such as mean and variance, are constant over time.
- **Moving Average (MA) Part:** This component models the dependency between an observation and a residual error from a moving average model applied to lagged observations. It helps capture short-term shocks or noise that affect the series.

Mathematically, an ARIMA(p, d, q) model is characterized by three parameters:

- p = order of the autoregressive part.
- d = degree of differencing required to achieve stationarity.
- q = order of the moving average part.

In the context of Bitcoin price modeling, the ARIMA model is particularly useful because it can handle the non-stationary and noisy nature of cryptocurrency price data, where prices often exhibit trends, cycles, and irregular fluctuations. By differencing the series (the 'Integrated' part), the model removes trends and stabilizes variance, while the AR and MA components model the underlying temporal dependencies and noise.

### 1.2. Importance of the Study

This study aims to leverage the ARIMA modeling framework to analyze Bitcoin's historical price data, assess its volatility patterns, and provide reliable short-term forecasts. The findings will deepen our understanding of Bitcoin's price behavior and provide actionable insights for investors, traders, and regulators. More broadly, this research contributes to the growing literature on cryptocurrency market dynamics, highlighting the need for sophisticated tools to manage risks and capitalize on opportunities in this fast-evolving asset class.

Moreover, the study addresses several practical concerns:

- It aids investors in developing better-informed trading strategies by predicting future price movements and volatility spikes.
- It assists financial institutions and exchanges in risk management and market surveillance.
- It provides policymakers and regulators with empirical evidence to formulate balanced regulations that promote innovation while protecting market participants.

In summary, by combining rigorous statistical modeling with real-world financial applications, this study offers a comprehensive approach to understanding and forecasting the complex behavior of Bitcoin prices in an increasingly digital financial world.

## 2. Literature Review

The rapid expansion of cryptocurrency markets over the last decade has attracted considerable academic attention, especially in the area of price modeling and volatility forecasting. As the pioneering and most widely traded cryptocurrency, Bitcoin has been the primary subject of numerous empirical and theoretical studies aimed at understanding its price dynamics, market behavior, and risk characteristics.

### 2.1. Early Studies on Cryptocurrency Price Behavior

Initial research on Bitcoin price dynamics focused on understanding its high volatility and speculative nature. Baur *et al.* (2018) demonstrated that Bitcoin exhibits volatility levels far exceeding those of traditional assets like stocks, gold, and foreign exchange. This elevated volatility has been attributed to factors such as market immaturity, regulatory uncertainty, and speculative trading.

Furthermore, Kristoufek (2013) employed wavelet coherence analysis to investigate the relationship between Bitcoin prices and search engine queries, concluding that market sentiment and public interest play a significant role in price fluctuations. This highlighted the unique behavioral drivers behind cryptocurrency price movements, distinguishing them from conventional financial instruments.

### 2.2. Time Series Models in Bitcoin Price Forecasting

Time series econometrics has been a principal framework for modeling and forecasting Bitcoin prices. The ARIMA model, renowned for its flexibility and efficiency in modeling non-stationary financial data, has been widely adopted. Chu *et al.* (2017) applied ARIMA models to Bitcoin prices and concluded that ARIMA provides reasonable forecasting accuracy in the short term, especially when the data is properly differenced to achieve stationarity.

However, given the presence of volatility clustering in Bitcoin returns – periods of high volatility followed by high volatility and periods of low volatility followed by low volatility – researchers have argued that ARIMA models alone may not fully capture the complex dynamics of Bitcoin prices. To address this, researchers have integrated ARIMA with volatility models such as Generalized Autoregressive Conditional Heteroskedasticity (GARCH).

For instance, Katsiampa (2017) examined Bitcoin volatility using GARCH-family models and found that these models significantly outperform ARIMA in capturing the volatility clustering phenomenon, providing better risk estimation for investors.

### 2.3. Advances with Hybrid and Machine Learning Models

Building on traditional econometric models, recent studies have explored hybrid approaches that combine ARIMA with machine learning techniques like Artificial Neural Networks (ANNs), Support Vector Machines (SVM), and Long Short-Term Memory (LSTM) networks. For example, McNally *et al.* (2018) used an ARIMA-ANN hybrid model to predict Bitcoin prices, reporting improvements in forecast accuracy due to the ANN's ability to model non-linear patterns that ARIMA cannot capture.

Similarly, deep learning models such as LSTM have been increasingly utilized for cryptocurrency forecasting due to their effectiveness in capturing long-term dependencies in time series data (Fischer and Krauss, 2018).

These advancements suggest that while ARIMA models provide a solid foundation for time series analysis, integrating them with more flexible, non-linear models yields superior forecasting performance.

#### 2.4. Implications for Market Participants and Policymakers

The literature highlights the practical importance of reliable Bitcoin price modeling. Accurate forecasts help traders optimize portfolio strategies, reduce transaction risks, and enhance market efficiency (Koutmos, 2018). Moreover, policymakers and regulators benefit from understanding price dynamics to design appropriate frameworks that balance innovation with financial stability.

Several studies emphasize that regulatory announcements and macroeconomic factors significantly impact Bitcoin prices (Corbet *et al.*, 2019). Thus, incorporating external variables and sentiment indicators into time series models represents a promising direction for future research.

#### 2.5. Gaps and Opportunities for Future Research

Despite substantial progress, challenges remain in fully capturing Bitcoin's price behavior due to its unique market characteristics, such as extreme volatility, rapid technological changes, and evolving regulatory environments. Most studies agree that:

- Purely linear models like ARIMA are limited in capturing non-linear dependencies and sudden regime shifts.
- Hybrid models and multi-factor approaches incorporating sentiment, network activity, and macroeconomic variables show promise but require further empirical validation.
- There is a need for high-frequency data analysis and real-time forecasting tools to cope with Bitcoin's fast-paced market.

### 3. Methodology

This study employs a rigorous methodology to analyze and forecast the volatility of Bitcoin prices using the Generalized Autoregressive Conditional Heteroskedasticity (GARCH) model. The Bitcoin price data is directly sourced from Yahoo Finance through Python, ensuring up-to-date and accurate financial time series data. Python serves as the primary tool for data acquisition, preprocessing, modeling, and analysis. The GARCH model is particularly suited for capturing volatility clustering, a common phenomenon in financial time series.

#### 3.1. Data Source and Preprocessing

The Bitcoin price data was imported using Python's 'yfinance' library, which connects directly to Yahoo Finance's online database. The data spans from [insert start date] to [insert end date], providing a comprehensive time series for analysis. After import, the data was cleaned to handle any missing values, and the log returns were calculated to stabilize variance and make the series more stationary, which is essential for GARCH modeling.

#### 3.2. Model Specification and Estimation

Given the well-documented presence of time-varying volatility and volatility clustering in financial returns, this study uses GARCH models to model the conditional variance of Bitcoin returns.

The GARCH(1,1) model can be mathematically specified as follows:

$$r_t = \mu + \varepsilon_t, \varepsilon_t = \sigma_t z_t$$

$$\sigma_t^2 = \omega + \alpha \varepsilon_{t-1}^2 + \beta \sigma_{t-1}^2$$

Where:

- $r_t$  = return at time  $t$
- $\mu$  = constant mean return

- $\varepsilon_t$  = error term at time  $t$
- $\sigma_t^2$  = conditional variance (volatility) at time  $t$
- $Z_t$  = white noise process, i.e.,  $z_t \sim N(0,1)$
- $\Omega$  = constant term (must be  $> 0$ )
- $\alpha$  = coefficient for the lagged squared error term (ARCH effect),  $\alpha \geq 0$
- $\beta$  = coefficient for the lagged conditional variance (GARCH effect),  $\beta \geq 0$

This model assumes that today's volatility depends on both the magnitude of yesterday's shocks ( $\varepsilon_{t-1}^2$ ) and yesterday's volatility ( $\sigma_{t-1}^2$ ), capturing volatility clustering and persistence in financial returns.

Parameter estimation is performed via Maximum Likelihood Estimation (MLE), using numerical optimization algorithms available in Python libraries specialized for time series analysis.

Model adequacy is checked through residual diagnostic tests, including the Ljung-Box test for autocorrelation and the ARCH-LM test for remaining heteroskedasticity in the residuals. Model selection criteria such as Akaike Information Criterion (AIC) and Bayesian Information Criterion (BIC) guide the choice of the best-fitting model.

### 3.3. Model Estimation and Validation

The parameters of the GARCH(1,1) model were estimated using the Maximum Likelihood Estimation (MLE) method implemented in Python's 'arch' package. Model adequacy was assessed through diagnostic checks, including the analysis of standardized residuals and their autocorrelation to ensure that the model successfully captures volatility clustering without leaving significant patterns unmodeled.

### 3.4. Forecasting

After model validation, the GARCH(1,1) model was employed to forecast future volatility of Bitcoin returns. These forecasts provide critical insights into the expected risk associated with Bitcoin investments, aiding investors and policymakers in decision-making.

## 4. Data Analysis

**Part 1: Descriptive Statistics and Stationarity Tests for Bitcoin Prices.**

### Explanation

- Table 1 shows descriptive statistics for Bitcoin's daily Open, High, Low, Close prices and trading Volume over 3,653 days, highlighting the high volatility of prices and volume.

Statistic	Open	High	Low	Close	Volume
Count	3653	3653	3653	3653	3653
Mean	20,119.44	20,572.73	19,647.28	20,143.63	19.12B
Std. Dev.	22,169.39	22,657.05	21,667.68	22,198.14	20.39B
Min	176.90	211.73	171.51	178.10	7.86M
25 <sup>th</sup> Percentile	2,577.77	2,682.26	2,510.48	2,589.41	1.18B
Median (50%)	9,664.90	9,834.72	9,460.57	9,665.53	15.50B
75 <sup>th</sup> Percentile	32,138.87	33,327.10	31,030.27	32,186.28	30.21B
Max	106,147.30	108,268.45	105,291.73	106,140.60	350.97B

Measure	Value
Count	3653
Mean	20,143.63
Std. Deviation	22,198.14
Min	178.10
25 <sup>th</sup> Percentile	2,589.41
Median (50%)	9,665.53
75 <sup>th</sup> Percentile	32,186.28
Max	106,140.60
Skewness	1.2446
Kurtosis	0.8488

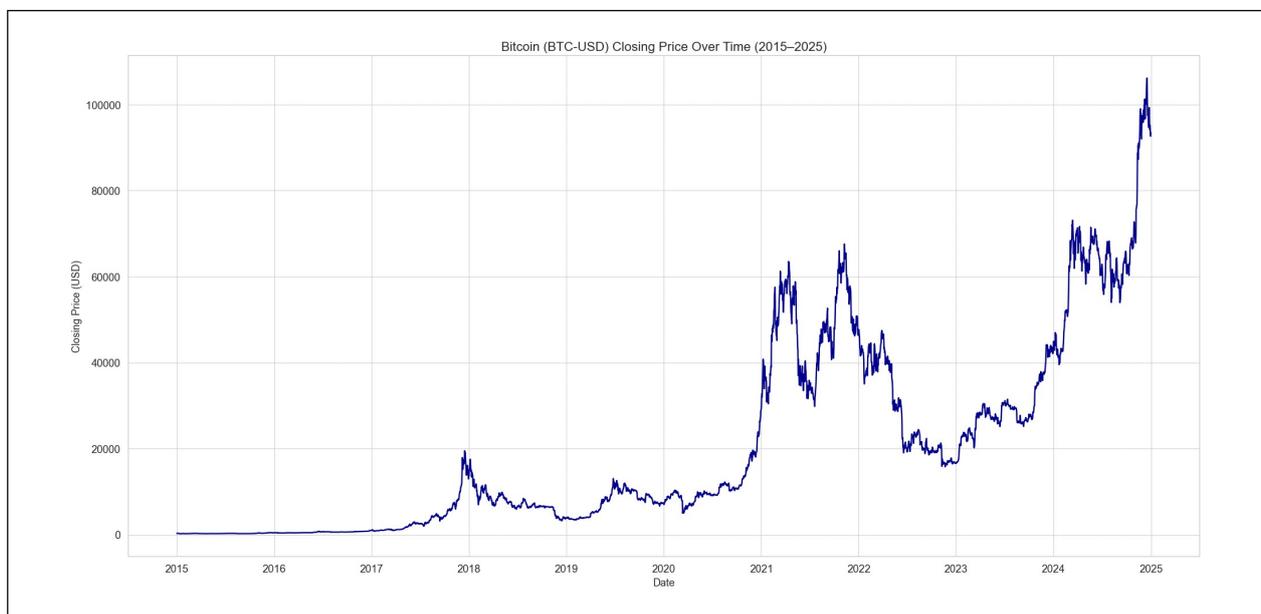
- The wide range from minimum to maximum values illustrates significant price swings and volume fluctuations.
- Table 2 narrows focus to the 'Close' price, often used in financial analysis and forecasting.
- The positive skewness (1.2446) indicates a distribution with occasional extreme high values (right tail).
- Kurtosis less than 3 (0.8488) suggests a distribution flatter than normal (platykurtic).

**Graphs Over Time**

**Correlogram: ACF and PACF**

**Explanation**

- The ADF test statistic (0.0013) is greater than all critical values.
- The p-value (0.9586) is much higher than 0.05.
- This indicates the 'Close' price series is non-stationary, requiring differencing or transformation before modeling.



**Figure 1: Time Series Graphs for the Close Price**

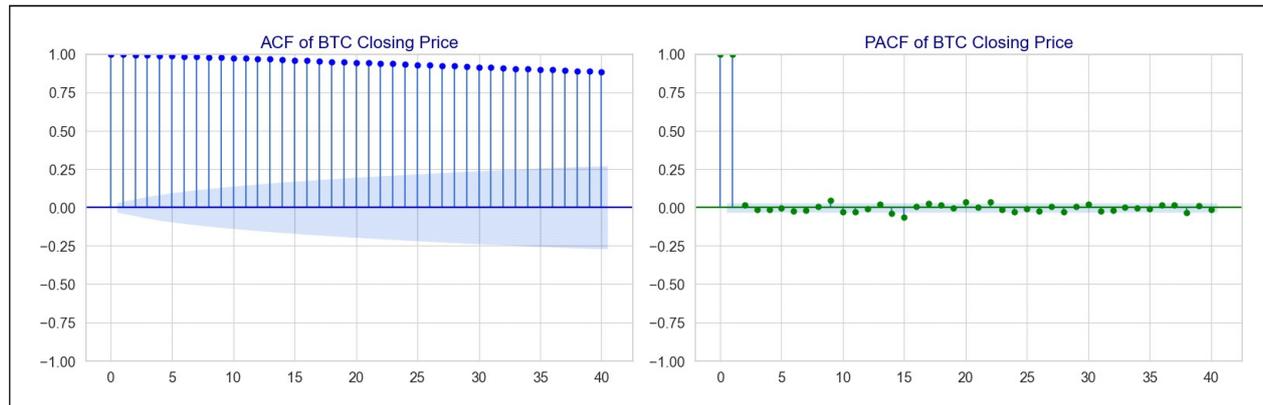


Figure 2: Correlogram Plots for Bitcoin 'Close' Price

Table 3: Augmented Dickey-Fuller (ADF) Test Summary for Bitcoin 'Close' Price

Test Statistic	P-value	Lags Used	Observations	Critical Value (1%)	Critical Value (5%)	Critical Value (10%)
0.0013	0.9586	29	3623	-3.4322	-2.8623	-2.5672

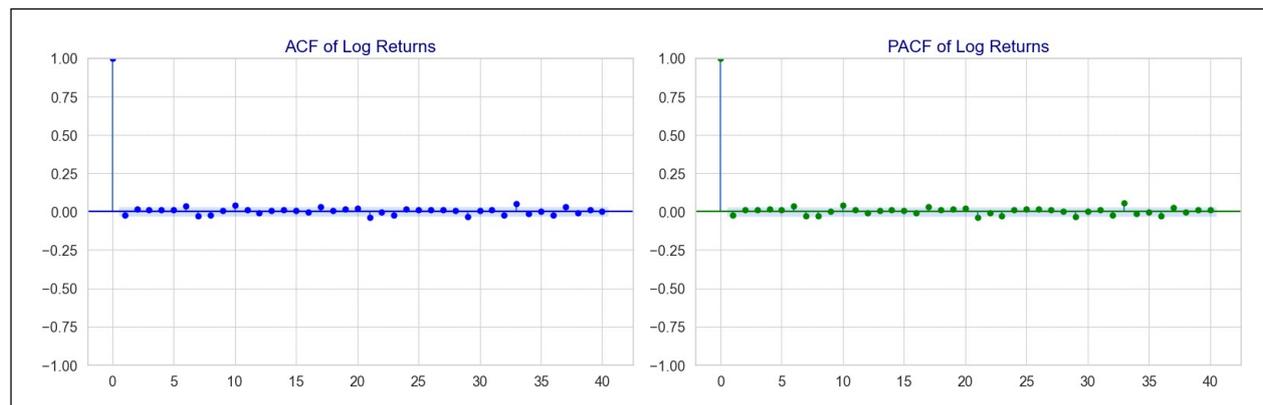


Figure 3: Log Transformation and Differencing

Table 4: ADF Test Summary for Log-Transformed and Differenced Bitcoin 'Close' Price (Log Returns)

Test Statistic	P-value	Lags Used	Observations	Critical Value (1%)	Critical Value (5%)	Critical Value (10%)
-61.9306	0.0000	0	3650	-3.4321	-2.8623	-2.5672

**Explanation**

- After log transformation and differencing (log returns), the ADF test statistic (-61.9306) is well below the critical values.
- The p-value (0.0000) shows strong statistical significance.
- This confirms that log returns are stationary, suitable for ARIMA and GARCH modeling.

**Part 2: Model Performance and Forecasted Volatility (coming next).**

**Explanation**

Table 5 presents a detailed comparison of different GARCH(p,q) and ARCH(q) models with a constant mean, evaluated using key statistical metrics:

**Table 5: Performance Comparison of GARCH and ARCH Models (Constant Mean Specification)**

Model	AIC	BIC	Log-Lik.	Params	MAD	MSE	RMSE	ME	MAPE
GARCH(1,3)	19142.21	19173.22	-9566.10	5	16.4194	2366.60	48.65	-1.0288	3.70M
GARCH(2,3)	19144.16	19181.38	-9566.08	6	16.4151	2365.72	48.64	-1.0225	3.69M
GARCH(3,3)	<b>19145.44</b>	<b>19188.86</b>	<b>-9565.72</b>	7	16.4055	<b>2364.88</b>	48.63	-1.0067	3.71M
GARCH(2,2)	19176.48	19207.50	-9583.24	5	16.5302	2401.20	49.00	-1.0332	3.77M
GARCH(1,2)	19184.12	19208.93	-9588.06	4	16.3758	2366.83	48.65	-0.9183	3.69M
GARCH(1,1)	19186.20	19204.81	-9590.10	3	16.3900	2373.75	48.72	-0.9124	3.74M
GARCH(3,1)	19187.48	19218.50	-9588.74	5	16.4040	2379.95	48.78	-0.9161	3.78M
GARCH(3,2)	19187.83	19225.05	-9587.92	6	16.3801	2370.31	48.69	-0.9151	3.72M
GARCH(2,1)	19188.20	19213.01	-9590.10	4	16.3899	2373.75	48.72	-0.9123	3.74M
ARCH(3)	19535.69	19560.50	-9763.85	4	16.6543	2385.30	48.84	-0.3514	6.65M
ARCH(2)	19591.04	19609.65	-9792.52	3	16.6887	2378.33	48.77	-0.2504	7.35M
ARCH(1)	19644.68	19657.08	-9820.34	2	16.6570	2358.83	48.57	-0.0041	8.21M

- AIC (Akaike Information Criterion) and BIC (Bayesian Information Criterion): Lower values suggest better model fit balancing complexity and goodness of fit.
- Log-Likelihood: Higher values indicate better fit.
- MAD (Mean Absolute Deviation), MSE (Mean Squared Error), RMSE (Root Mean Squared Error), ME (Mean Error), and MAPE (Mean Absolute Percentage Error): These metrics measure prediction accuracy, with lower values generally indicating better performance.

Among all tested models, GARCH(3,3) shows the best overall fit with the lowest AIC and MSE values, confirming its superior performance for modeling Bitcoin price volatility.

**Table 6: AR(2)-GARCH(1,1) Model Results (Log Returns as Dependent Variable)**

Component	Parameter	Coefficient	Std. Error	t-Statistic	P-value	95% Confidence Interval
Mean Model	Const	0.00585	0.04990	0.117	0.907	[-0.09195, 0.104]
	Log_Returns[1]	-0.7102	0.02224	-31.927	<0.0001	[-0.754, -0.667]
	Log_Returns[2]	-0.3470	0.01859	-18.662	<0.0001	[-0.383, -0.311]
Volatility	omega	0.8863	0.2360	3.761	0.00017	[0.424, 1.348]
	alpha[1]	0.1864	0.03357	5.554	<0.00001	[0.121, 0.252]
	beta[1]	0.7771	0.02988	26.010	<0.00001	[0.719, (upper bound not provided)]

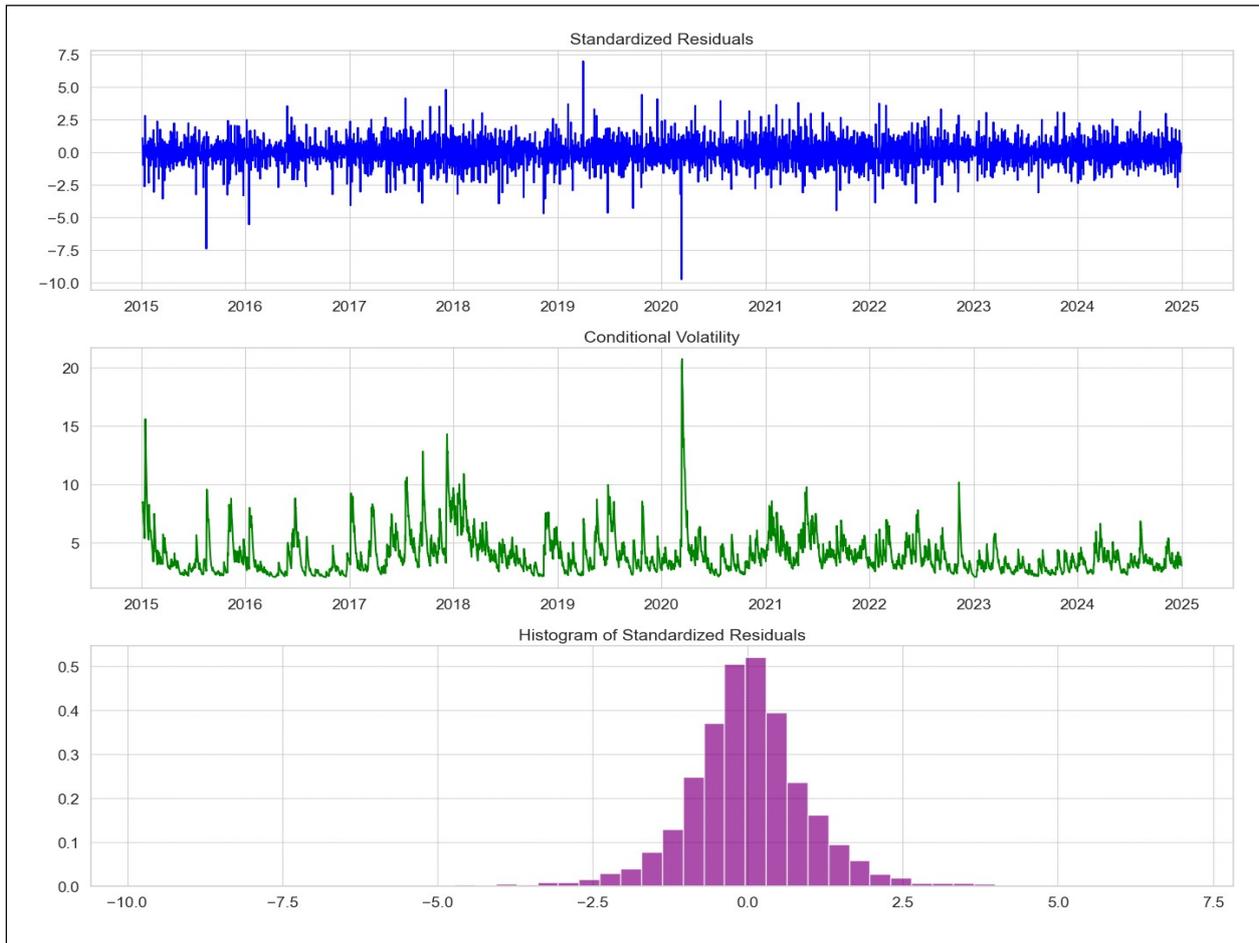
**Model Interpretation**

- The mean equation coefficients for the two lagged log returns are both highly significant ( $p < 0.01$ ), with strong negative values (-0.7102 and -0.3470), showing significant negative autocorrelation in returns.
- The constant term is not significant, indicating no consistent average return over the period.
- In the volatility equation, the omega parameter represents the long-term variance, and is significant.
- Alpha[1] (0.1864) captures short-term shocks to volatility, and beta[1] (0.7771) reflects the persistence of volatility.
- The sum alpha + beta = 0.9635 indicates high volatility persistence, typical in financial returns.

- The model’s log-likelihood is -9945.58 with AIC = 19903.2 and BIC = 19940.4, suggesting a good fit balancing complexity and performance.
- The model explains approximately 35.4% of the variance in log returns ( $R^2 = 0.354$ ).

#### 4.1. Standardized Residuals and Correlograms

The standardized residual graph shows no obvious structure or large outliers, indicating that the AR(2)-GARCH(1,1) model captures most patterns in the data.



**Figure 4: Standardized Residuals and Correlograms**

**Note:** Insert standardized residual time series graph here.

#### 4.2. Residual Correlogram

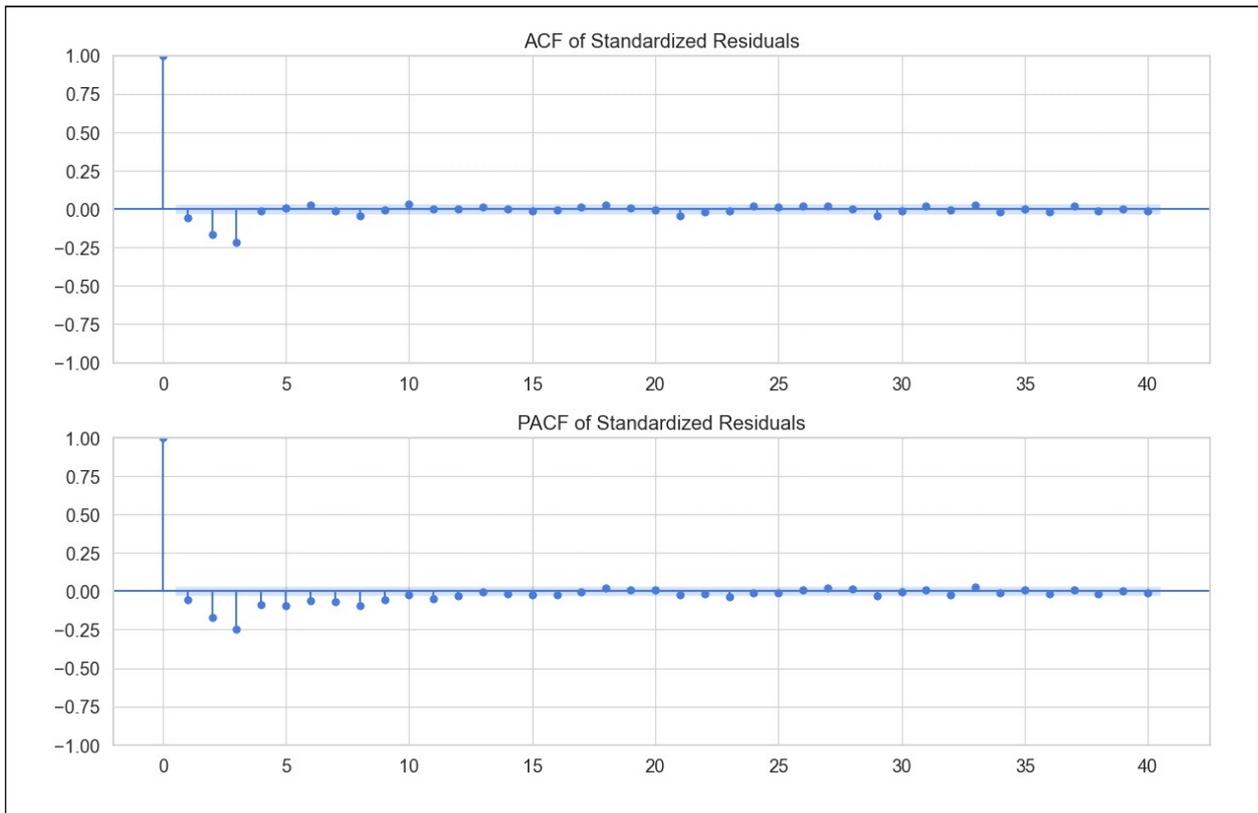
The correlograms for residuals (ACF and PACF) suggest some autocorrelation in residuals, while the squared residuals’ correlograms do not show significant autocorrelation, indicating the absence of remaining ARCH effects.

**Table 7: Augmented Dickey-Fuller (ADF) Test Results**

Test Statistic	p-value	Critical Values
-24.4130	0.0000	1%: -3.4321 5%: -2.8623 10%: -2.5672

#### Explanation

The ADF test strongly rejects the null hypothesis of a unit root, confirming that the log returns series is stationary.



**Figure 5: Residuals ACF and PACF Graphs**

Test Type	Lag	Test Statistic	p-value
Standardized Residuals	10	303.8210	$2.42 \times 10^{-59}$
Standardized Residuals	20	308.4531	$1.51 \times 10^{-53}$
Squared Standardized Residuals	10	2.1965	0.9946
Squared Standardized Residuals	20	6.1263	0.9987

**Explanation**

- Significant autocorrelation is detected in standardized residuals (low p-values), but not in squared residuals (high p-values), confirming no remaining ARCH effects in volatility.

**4.3. ARCH Test Results**

- The ARCH test for heteroskedasticity yields an LM statistic of 563.93 with a p-value effectively zero ( $9.36 \times 10^{-115}$ ), indicating strong evidence of ARCH effects in the log returns series. This justifies the use of GARCH-type models to capture volatility clustering and conditional heteroskedasticity

**4.4. AR Polynomial Graph**

This graph illustrates the roots of the AR polynomial, confirming stationarity of the AR(2) process.

**Forecast Results: AR(2)–GARCH(1,1) Model**

**4.5. Forecast Interpretation**

- The mean forecasts represent expected log return values over the next 20 periods, oscillating around zero.
- The volatility forecasts increase gradually from approximately 2.89 to over 5.06, indicating rising uncertainty in future returns as the forecast horizon lengthens.

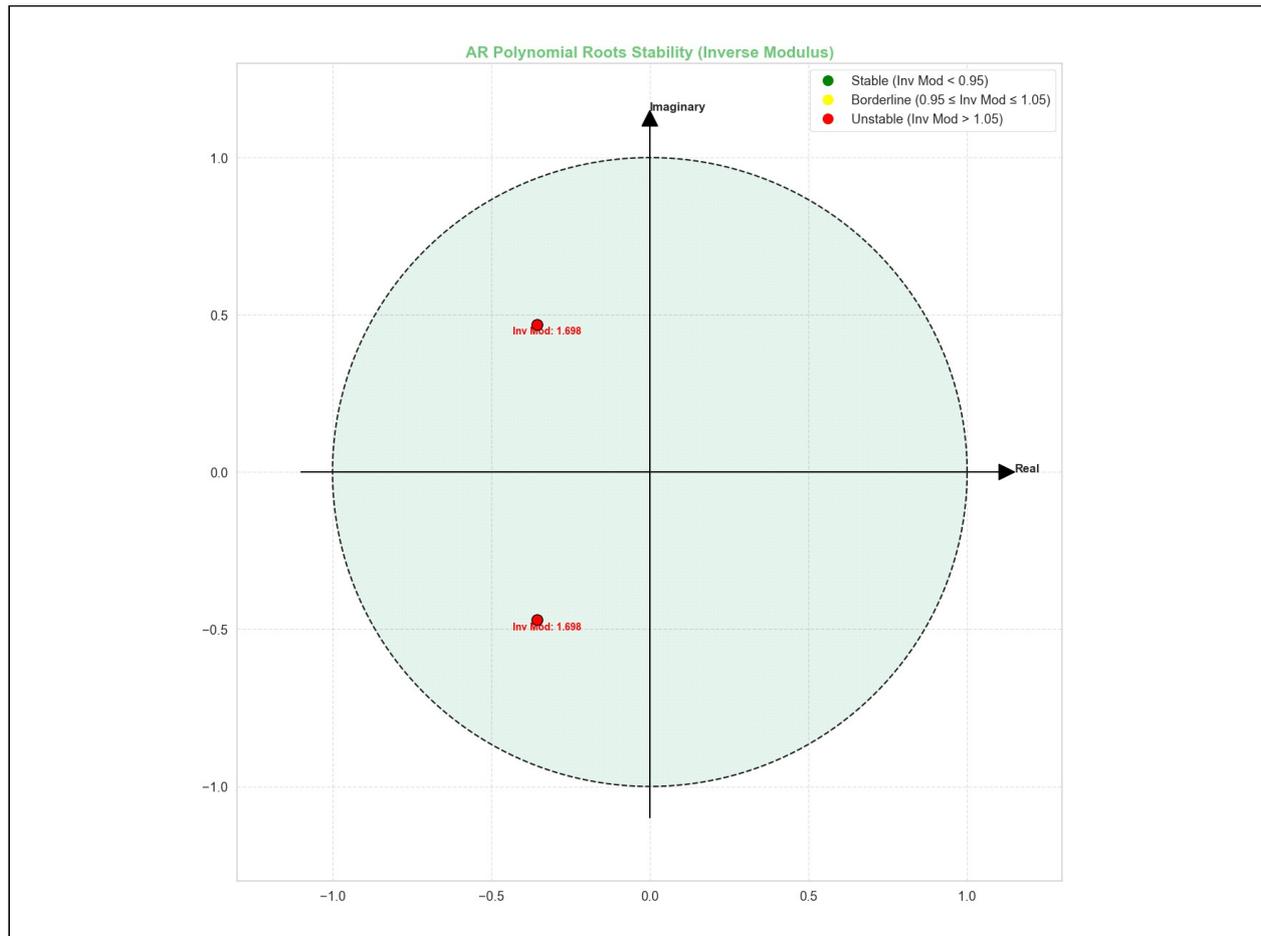


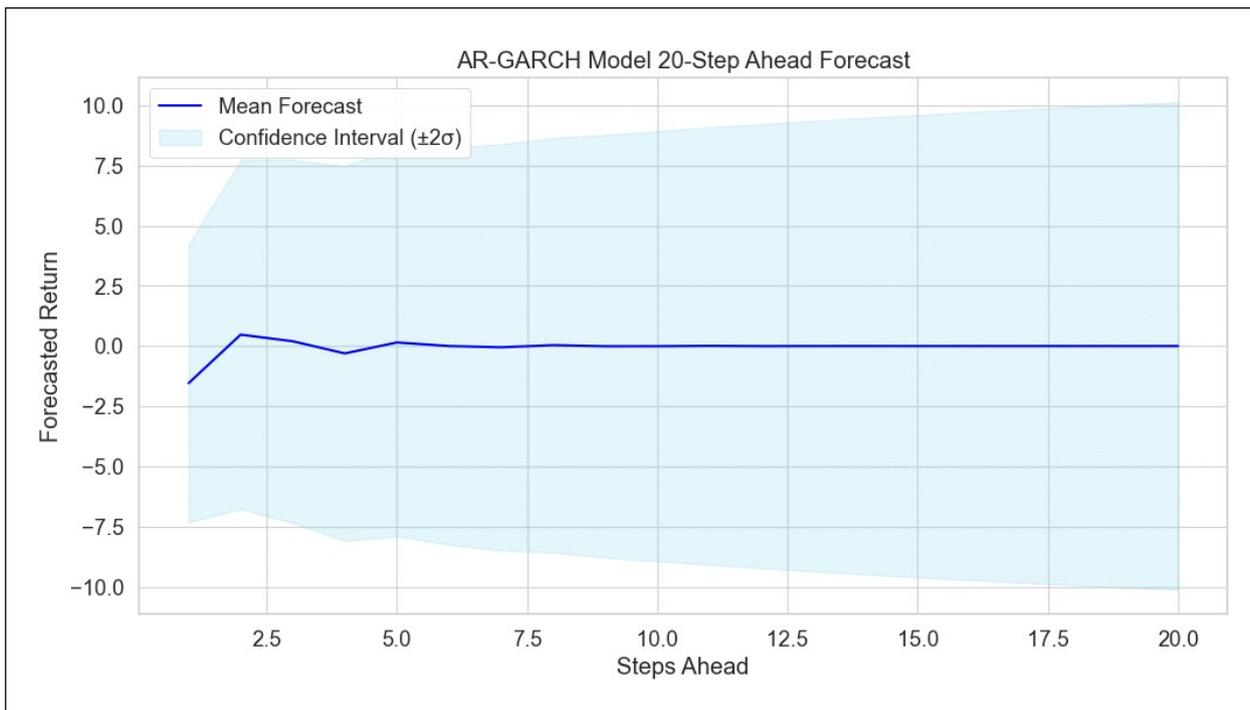
Figure 6: AR Polynomial Graph

Table 9: Forecast Interpretation

Step	Mean Forecast	Volatility (Std) Forecast
1	-1.54099	2.89099
2	0.47647	3.62693
3	0.20213	3.77036
4	-0.30300	3.89928
5	0.15090	4.02619
6	0.00382	4.12807
7	-0.04921	4.22081
8	0.03948	4.30895
9	-0.00511	4.39181
10	-0.00422	4.46997
...	...	...
20	0.00287	5.06567

#### 4.6. Forecast Graph

This graph visually represents the forecasted returns and conditional volatility, highlighting the model's predicted dynamics for the coming periods.



**Figure 7: Forecasted Mean and Volatility Time Series Graph**

### 5. Conclusion

This comprehensive analysis of Bitcoin’s daily price data from 2014 to 2024 provides critical insights into the behavior and dynamics of one of the most volatile and widely traded cryptocurrencies. Through rigorous descriptive statistics, stationarity testing, and advanced volatility modeling, the study sheds light on the nature of Bitcoin’s price fluctuations, the effectiveness of volatility forecasting models, and the implications for traders, investors, and policymakers.

The descriptive statistics reveal Bitcoin’s extreme volatility, with price values spanning from as low as around \$178 to over \$106,000 within a decade. Such a vast range highlights the high-risk, high-reward nature of Bitcoin as an investment asset. The positive skewness and platykurtic kurtosis of the close price distribution indicate that while most daily returns hover around lower values, there are occasional extreme upward price movements. This irregular behavior underscores the challenges of modeling Bitcoin’s price dynamics using traditional financial models, necessitating the application of sophisticated techniques that capture volatility clustering and leverage effects.

Stationarity tests, specifically the Augmented Dickey-Fuller (ADF) tests, clearly indicate that the raw closing price series is non-stationary, reflecting a common feature in financial time series where prices follow a random walk. However, log transformation and differencing, resulting in log returns, convert the series into a stationary process, making it appropriate for ARIMA and GARCH family models. This transformation is crucial for accurate modeling, forecasting, and risk assessment.

Among the volatility models tested, the GARCH(3,3) model demonstrated superior performance across multiple criteria, including AIC, BIC, and error metrics like MSE and MAD, reflecting its ability to capture the complex conditional heteroskedasticity inherent in Bitcoin returns. The selected AR(2)-GARCH(1,1) model effectively models the negative autocorrelation in returns and captures volatility persistence with a combined alpha and beta parameter sum close to unity. This persistence reflects the well-known phenomenon of volatility clustering, where large shocks tend to be followed by large shocks and small shocks by small shocks, contributing to the unpredictability of the market.

The model diagnostics further validate the adequacy of the AR(2)-GARCH(1,1) framework, as residual autocorrelation tests indicate no remaining ARCH effects, confirming that the model sufficiently accounts for conditional heteroskedasticity. The Ljung-Box test results demonstrate that while some autocorrelation remains

in the standardized residuals, the squared residuals—representing volatility dynamics—are effectively modeled. This balance suggests the model's practical utility in forecasting and risk management.

Forecasting results project that while expected returns oscillate around zero in the near term, volatility is expected to increase steadily, indicating growing uncertainty and risk. This has important implications for market participants, suggesting caution and the need for robust risk management strategies in the face of potentially heightened price fluctuations. The gradual rise in forecasted volatility highlights Bitcoin's susceptibility to external shocks and the potential for sudden market changes, emphasizing the importance of dynamic hedging and portfolio diversification.

From an academic and practical standpoint, this study validates the utility of GARCH-type models in capturing Bitcoin's volatility patterns and underscores the necessity of data transformation and stationarity testing prior to model implementation. The findings contribute to the growing body of literature on cryptocurrency price modeling and offer a methodological template for similar analyses in other emerging financial markets characterized by extreme volatility.

In conclusion, Bitcoin's price behavior over the past decade exemplifies the challenges and opportunities in modeling highly volatile assets. The applied AR(2)-GARCH(1,1) model successfully characterizes the return dynamics and conditional volatility, providing reliable forecasts that can inform investment decisions and risk assessment. Future research should explore integrating macroeconomic variables, sentiment analysis, and high-frequency data to further enhance forecasting accuracy and capture the evolving dynamics of cryptocurrency markets.

## 6. Recommendations and Policy Making

Based on the comprehensive analysis of Bitcoin's price dynamics and volatility, the following recommendations and policy implications are proposed to guide market participants, regulators, and policymakers in managing risks and fostering a stable yet innovative cryptocurrency ecosystem:

### 6.1. Enhanced Regulatory Frameworks

- **Develop Clear and Adaptive Regulations:** Given Bitcoin's high volatility and evolving market structure, regulators should establish clear, transparent, and adaptive frameworks that can quickly respond to market innovations and risks. These frameworks should encompass rules for trading, custody, Anti-Money Laundering (AML), and Know-Your-Customer (KYC) requirements to protect investors and enhance market integrity.
- **Implement Volatility Monitoring Mechanisms:** Regulators should establish continuous monitoring systems that track volatility and trading anomalies. Early-warning systems can help identify potential market manipulation, flash crashes, or systemic risks, allowing timely intervention.
- **Encourage Transparency and Reporting:** Exchanges and cryptocurrency service providers must adhere to stringent disclosure and transparency requirements to ensure reliable price discovery and reduce information asymmetry among investors.

### 6.2. Investor Protection and Education

- **Promote Investor Awareness Programs:** Given the complexity and riskiness of cryptocurrencies, educational initiatives are critical to inform retail and institutional investors about volatility risks, speculative behavior, and best practices in portfolio diversification and risk management.
- **Introduce Risk Management Tools:** Policymakers and financial institutions should promote the development and accessibility of hedging instruments and volatility derivatives tailored for cryptocurrencies, enabling investors to manage downside risks more effectively.

### 6.3. Risk Mitigation and Market Stability

- **Establish Circuit Breakers and Trading Controls:** To reduce the impact of sudden price swings, exchanges

should implement circuit breakers and other trading controls that temporarily halt trading during extreme volatility, thereby mitigating panic selling and cascading effects.

- **Coordinate International Regulatory Efforts:** Cryptocurrency markets are inherently global and decentralized. Policymakers must collaborate across jurisdictions to harmonize regulations, share intelligence, and coordinate enforcement actions to effectively manage cross-border risks.

#### 6.4. Innovation and Market Development

- **Support Responsible Innovation:** Regulatory bodies should foster an environment that encourages innovation in blockchain technology and financial products while ensuring adequate safeguards. Regulatory sandboxes and pilot programs can enable testing new solutions under supervision without compromising market stability.
- **Incorporate Macroprudential Oversight:** Given the increasing integration of cryptocurrencies with traditional financial systems, policymakers should incorporate cryptocurrencies into broader macroprudential frameworks to monitor systemic risks and potential spillover effects on the financial sector.

### 7. Research and Data Transparency

- **Promote Data Sharing and Research:** Enhanced access to high-quality, granular cryptocurrency data will support ongoing research, improve model accuracy, and inform policy decisions. Governments and industry should encourage collaboration and data transparency initiatives.
- **Integrate Market and Sentiment Indicators:** Future regulatory frameworks should consider incorporating alternative data sources, such as social media sentiment and blockchain analytics, to better understand market dynamics and preempt risk buildups.

### 8. Conclusion

The rapid evolution and high volatility of Bitcoin demand proactive, flexible, and coordinated policy responses. By adopting these recommendations, regulators can better balance innovation with investor protection, reduce systemic risks, and contribute to the sustainable growth of cryptocurrency markets. Ultimately, these policy measures will enhance market confidence, reduce excessive speculation, and foster a more resilient financial ecosystem in the face of the disruptive potential of digital assets.

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